



North Valley Gymnastics

20815 N. 28th St.

Phoenix, AZ 85050

602-404-FLIP (3547)

www.northvalleygymnastics.co

Class Schedule & Pricing

(Schedule and Pricing subject to change)

10% Sibling Discount, 20% Multi Class Discount

ANNUAL Membership (\$45 per student)

Annual Membership will be assessed at time of enrollment and is renewable each year.

KINDERGYM (AM)

Class Name	Class Length	Monthly Tuition	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<i>Crawlers (6 m - 18 m)</i> (Parent Participation)	45 min	\$105					10:30-11:15	
<i>Movers (18 m - 2 yrs)</i> (Parent Participation)	45 min	\$105				9:30-10:15	11:30-12:15	9:00-9:45 10:00-10:45
<i>Hoppers (2-3 yrs)</i> (Invite Only / Parent Participation)	45 Min	\$105						8:30-9:15
<i>Jumpers (3 yrs)</i>	50 min	\$114			11:00-11:50	10:30-11:20	9:30-10:20 10:30-11:20	9:30-10:20 10:30-11:20 11:00-11:50
<i>Tumblers (4 -5yrs)</i>	60 min	\$130			11:00-12:00	11:30-12:30	11:30-12:30	10:00-11:00 10:30-11:30
<i>Climbers (5-6 yrs)</i>	60 min	\$130						9:00-10:00 11:30-12:30

KINDERGYM (PM)

Class Name	Class Length	Monthly Tuition	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<i>Jumpers (3 yrs)</i>	50 min	\$114	4:20-5:10 5:40-6:30	4:30-5:20	4:00-4:50	4:00-4:50	5:00-5:50	
<i>Tumblers (4 -5yrs)</i>	60 min	\$130	4:30-5:30 5:30-6:30	4:30-5:30 5:30-6:30	4:00-5:00 4:30-5:30	4:30-5:30 5:00-6:00	4:00-5:00	
<i>Climbers (5-6 yrs)</i>	60 min	\$130	4:20-5:20	3:30-4:30 5:30-6:30	5:00-6:00	4:00-5:00 5:30-6:30		
<i>Flyers (Invite Only)</i> (Must enroll in 2 Classes)	3 Hrs	\$290	5:20-6:50	4:00-5:30		5:00-6:30	4:30-6:00	



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GIRLS RECREATIONAL GYMNASTICS

Class Name	Class Length	Monthly Tuition	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Girls - Level 1	60 min	\$130	4:00-5:00 5:00-6:00 6:30-7:30	3:30-4:30 4:00-5:00 4:30-5:30 5:00-6:00 5:30-6:30	1:30-2:30 4:00-5:00 4:30-5:30 5:00-6:00 5:30-6:30	3:30-4:30 4:00-5:00 4:30-5:30 5:00-6:00	4:00-5:00 4:30-5:30 5:00-6:00	9:00-10:00 9:30-10:30 10:00-11:00 11:00-12:00
Girls - Level 2	90 min	\$185	4:00-5:25 4:30-5:55	5:30-6:55	2:30-3:55 4:30-5:55 6:00-7:25	4:00-5:25 5:30-6:55	5:30-7:00	9:00-10:25 10:30-11:55
Girls - Level 3	90 min	\$185	6:30-8:00	6:00-7:30	5:00-6:30	6:30-8:00	6:00-7:30	11:00-12:30
Girls - Level 4	2 hrs	\$240	6:00-8:00			6:00-8:00		
Girls (Ages 10+)	90 min	\$185	6:30-8:00			4:30-6:00		10:30-12:00
Acrobatics	90 min	\$185					11:00-12:30	
STARS - Red	4 hrs	\$320	5:30-7:30			5:30-7:30		
STARS - Blue	4 hrs	\$320		5:30-7:30			5:30-7:30	
STARS - Shining	4 hrs	\$320			6:00-8:00			10:00-12:00

GIRLS GYMNASTICS - DEVELOPMENTAL

Class Name	Hrs Per Week	Monthly Tuition	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Petite Elite	75 min	\$145		4:00-5:15	10:00-11:15 4:00-5:15		10:00-11:15	9:00-10:15
Mini Elite (Must enroll in 2 classes)	4	\$320	4:30-6:30		10:00-12:00 5:00-7:00		10:00-12:00	
Lil Firecrackers	5	\$342	4:00-6:30				4:00-6:30	
Junior Elite (Must enroll in 2 classes)	5	\$342		4:30-7:00	4:00-6:30	4:30-7:00		10:00-12:30



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POWER TUMBLING Schedule

Class Name	Hrs Per Week	Monthly Tuition	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Tumbling-Beginning	1	\$130	5:30-6:30			6:30-7:30	5:30-6:30	
Tumbling-Intermediate	1	\$130	4:30-5:30 6:30-7:30		6:30-7:30		6:30-7:30	
Tumbling-Advanced	1.5	\$185		6:30-8:00		5:30-7:00		
Tumbling for Dance	1.5	\$185		4:30-6:00				

T&T (Trampoline & Tumbling) RECREATIONAL

Class Name	Hrs Per Week	Monthly Tuition	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Tornados (Ages 4 - 6)	1	\$130	4:30-5:30 5:30-6:30	4:30-5:30 5:30-6:30	3:30-4:30	4:30-5:30		9:30-10:30
T&T Level 1 (Coed)	1	\$130	4:30-5:30	4:30-5:30	4:30-5:30	4:30-5:30 5:30-6:30	4:30-5:30	10:30-11:30
T&T Level 2 (Coed)	1	\$130	5:30-6:30 6:30-7:30	4:30-5:30 5:30-6:30	4:30-5:30 5:30-6:30	4:30-5:30		11:30-12:30
T&T Level 2/3 (Coed)	1	\$130					5:30-6:30	
T&T Level 3 (Coed)	1	\$130	6:30-7:30	6:30-7:30	4:30-5:30	5:30-6:30 6:30-7:30		
T&T Level 4 (Coed)	1.5	\$185		6:30-8:00	6:30-8:00			

T&T (Tricking and Trampoline) RECREATIONAL

Class Name	Hrs Per Week	Monthly Tuition	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Tumbling & Tricking (Beg)	1	\$130	5:30-6:30		4:30-5:30	4:30-5:30		
Tumbling & Tricking (Adv)	1	\$130			6:30-7:30		6:30-7:30	
Gtramp Beginning	1	\$130		5:30-6:30			4:30-5:30	
Gtramp Intermediate	1	\$130			5:30-6:30		5:30-6:30	
Gtramp Advanced	1	\$130			5:30-6:30	6:30-7:30		
Ninja Beginning (6 and Up)	1	\$130			5:30-6:30	5:30-6:30		



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BOYS RECREATIONAL GYMNASTICS

Class Name	Class Length	Monthly Tuition	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Scooters (3 - 4 yrs)	50 min	\$114					9:30-10:20	
Racers (4 - 5 yrs)	55 min	\$130	4:00-4:55	4:00-4:55		10:30-11:25 4:00 - 4:55	10:30-11:25 4:00-4:55	9:00-9:55 11:30-12:25
Cobras (4 - 6 yrs) Invitation Only	55 min	\$130		5:00-5:55	4:00-4:55	11:30-12:25	5:00-5:55	9:00-9:55
Boys Level 1 (Ages 6-9)	55 min	\$130		5:00-5:55		5:00-5:55		10:00-10:55
Boys Level 2 (Ages 7+)	85 min	\$185	6:30-7:55		5:00-6:25 6:30-7:55			10:00-11:25

HOMESCHOOL Program (Coed)

Classes designed to get your kids moving in a fun group environment. Increase endurance, strength, flexibility, balance, and spatial awareness. Foster social skills, communication, teamwork & cooperation.

Class Name	Hrs Per Week	Monthly Tuition	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Homeschool - Gymnastics (Beginner / Coed)	60 min	\$130	2:00-3:00		1:00-2:00	1:00-2:00		
Homeschool - Gymnastics (Advanced / Coed)	60 min	\$130			1:00-2:00			
Homeschool - Gymnastics (Boys Only)	60 min	\$130				1:00-2:00	3:00-4:00	
Homeschool - Trampoline & Tumbling (Coed)	60 min	\$130			1:00-2:00		1:00-2:00	
Homeschool - Ninja (Coed)	45 min	\$105			2:15-3:00	2:15-3:00	2:15-3:00	



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Group Adaptive Gymnastics

Group adaptive classes are designed to serve children with developmental, sensory, and/or behavioral needs. These classes will focus on developing physical, cognitive, and social/emotional skills through gymnastics instruction in a fun and supportive group environment.

Class Name	Hrs Per Week	Monthly Tuition	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Adaptive GREEN (Ages 3-6)	30 min	\$105		2:20-2:50		2:20-2:50		
Adaptive YELLOW (Ages 5-12)	40 min	\$115		3:30-4:10	4:20-5:00			
Adaptive ORANGE (Ages 13-18)	40 min	\$115	3:30-4:10		4:20-5:00			
Adaptive BLUE (Ages 5-18)	40 min	\$115	3:30-4:10		5:20-6:00			
Adaptive - RED (Ages 5-18)	45 min	\$120	4:30-5:15 5:15-6:00	4:30-5:15 5:15-6:00	5:15-6:00 6:00-6:45			

1:1 Adaptive Gymnastics

1:1 adaptive classes provide private lessons to children with developmental, sensory, and/or behavioral needs. With the ability to individualize the class and tailor it to each child's specific needs, your child and coach will work together to have fun, accomplish their goals & develop physical, cognitive, and social/emotional skills.

Class	Price Per Class	Ages	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1:1 30 minutes	\$55	Ages 3-18	1:1 adaptive classes can be scheduled as weekly, every other week, or once a month. Class days & times are dependent upon coach availability & gym capacity.					
1:1 45 minutes	\$70							
1:1 60 minutes	\$85							