North Valley Gymnastics
20815 N. 28th St.
Phoenix, AZ 85050
602-404-FLIP (3547)
www.northvalleygymnastics.co

Class Schedule & Pricing

(Schedule and Pricing subject to change)

10% Sibling Discount, 20% Multi Class Discount

ANNUAL Membership ($45 per student)

Annual Membership will be assesed at time of enrollment and is renewable each year.

KINDERGYM (AM)

Class Name	Class Length	Monthly Tuition	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Crawlers (6 m - 18 m) (Parent Participation)	*45 min*	*$105*					10:30-11:15	
Movers (18 m - 2 yrs) (Parent Participation)	*45 min*	*$105*				9:30-10:15		9:00-9:45 10:00-10:45
Hoppers (2-3 yrs) (Invite Only / Parent Participation)	*45 Min*	*$105*						8:30-9:15
Jumpers (3 yrs)	*50 min*	*$114*			11:00-11:50	10:30-11:20	9:30-10:20	9:30-10:20 10:30-11:20 11:00-11:50
Tumblers (4 -5yrs)	*60 min*	*$130*			11:00-12:00	11:30-12:30	11:30-12:30	10:00-11:00 10:30-11:30
Climbers (5-6 yrs)	*60 min*	*$130*						9:00-10:00 11:30-12:30

KINDERGYM (PM)

Class Name	Class Length	Monthly Tuition	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Jumpers (3 yrs)	*50 min*	*$114*	4:20-5:10 5:40-6:30	4:30-5:20	4:00-4:50	4:00-4:50	5:00-5:50	
Tumblers (4 -5yrs)	*60 min*	*$130*	4:30-5:30 5:30-6:30	4:30-5:30 5:30-6:30	4:00-5:00 4:30-5:30	4:30-5:30 5:00-6:00	4:00-5:00	
Climbers (5-6 yrs)	*60 min*	*$130*	4:20-5:20	3:30-4:30 5:30-6:30	5:00-6:00	4:00-5:00 5:30-6:30		
Flyers (Invite Only) (Must enroll in 2 Classes)	*3 Hrs*	*$290*	5:20-6:50	4:00-5:30		5:00-6:30	4:30-6:00	

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GIRLS RECREATIONAL GYMNASTICS

Class Name	Class Length	Monthly Tuition	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Girls - Level 1	*60 min*	*$130*	4:00-5:00 5:00-6:00 6:30-7:30	3:30-4:30 4:00-5:00 4:30-5:30 5:00-6:00 5:30-6:30	1:30-2:30 4:00-5:00 4:30-5:30 5:00-6:00 5:30-6:30	3:30-4:30 4:00-5:00 4:30-5:30 5:00-6:00	4:00-5:00 4:30-5:30 5:00-6:00	9:00-10:00 9:30-10:30 10:00-11:00 11:00-12:00
Girls - Level 2	*90 min*	*$185*	4:00-5:25 4:30-5:55	5:30-6:55	2:30-3:55 4:30-5:55 6:00-7:25	4:00-5:25 5:30-6:55	5:30-7:00	9:00-10:25 10:30-11:55
Girls - Level 3	*90 min*	*$185*	6:30-8:00	6:00-7:30	5:00-6:30	6:30-8:00	6:00-7:30	11:00-12:30
Girls - Level 4	*2 hrs*	*$240*	6:00-8:00			6:00-8:00		
Girls (Ages 10+)	*90 min*	*$185*	6:30-8:00			4:30-6:00		10:30-12:00
Acrobatics	*90 min*	*$185*					11:00-12:30	
STARS - Red	*4 hrs*	*$320*	5:30-7:30			5:30-7:30		
STARS - Blue	*4 hrs*	*$320*		5:30-7:30			5:30-7:30	
STARS - Shining	*4 hrs*	*$320*			6:00-8:00			10:00-12:00

GIRLS GYMNASTICS - DEVELOPMENTAL

Class Name	Hrs Per Week	Monthly Tuition	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Petite Elite	*75 min*	*$145*		4:00-5:15	10:00-11:15 4:00-5:15		10:00-11:15	9:00-10:15
Mini Elite *(Must enroll in 2 classes)*	*4*	*$320*	4:30-6:30		10:00-12:00 5:00-7:00		10:00-12:00	
Lil Firecrackers	*5*	*$342*	4:00-6:30				4:00-6:30	
Junior Elite *(Must enroll in 2 classes)*	*5*	*$342*		4:30-7:00	4:00-6:30	4:30-7:00		10:00-2:30

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POWER TUMBLING Schedule

Class Name	Hrs Per Week	Monthly Tuition	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Tumbling-Beginning	*1*	*$130*	5:30-6:30			6:30-7:30	5:30-6:30	
Tumbling-Intermediate	*1*	*$130*	4:30-5:30 6:30-7:30		6:30-7:30		6:30-7:30	
Tumbling-Advanced	*1.5*	*$185*		630-8:00		5:30-7:00		
Tumbling for Dance	*1.5*	*$185*		4:30-6:00				

T&T (Trampoline & Tumbling) RECREATIONAL

Class Name	Hrs Per Week	Monthly Tuition	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Tornados (Ages 4 - 6)	1	*$130*	4:30-5:30 5:30-6:30	4:30-5:30 5:30-6:30	3:30-4:30	4:30-5:30		9:30-10:30
T&T Level 1 (Coed)	*1*	*$130*	4:30-5:30	4:30-5:30	4:30-5:30	4:30-5:30 5:30-6:30	4:30-5:30	10:30-11:30
T&T Level 2 (Coed)	*1*	*$130*	5:30-6:30 6:30-7:30	4:30-5:30 5:30-6:30	4:30-5:30 5:30-6:30	4:30-5:30		11:30-12:30
T&T Level 2/3 (Coed)	*1*	*$130*					5:30-6:30	
T&T Level 3 (Coed)	*1*	*$130*	6:30-7:30	6:30-7:30	4:30-5:30	5:30-6:30 6:30-7:30		
T&T Level 4 (Coed)	*1.5*	*$185*		6:30-8:00	6:30-8:00			

T&T (Tricking and Trampoline) RECREATIONAL

Class Name	Hrs Per Week	Monthly Tuition	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Tumbling & Tricking (Beg)	*1*	*$130*	5:30-6:30		4:30-5:30	4:30-5:30		
Tumbling & Tricking (Adv)	*1*	*$130*			6:30-7:30		***6:30-7:30***	
Gtramp Beginning	1	*$130*		5:30-6:30			***4:30-5:30***	
Gtramp Intermediate	1	*$130*			5:30-6:30		***5:30-6:30***	
Gtramp Advanced	*1*	*$130*			5:30-6:30	6:30-7:30		
Ninja Beginning (6 and Up)	*1*	*$130*			5:30-6:30	5:30-6:30		

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BOYS RECREATIONAL GYMNASTICS

Class Name	Class Length	Monthly Tuition	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Scooters (3 - 4 yrs)	*50 min*	*$114*					9:30-10:20	
Racers (4 - 5 yrs)	*55 min*	*$130*	4:00-4:55	4:00-4:55		10:30-11:25 4:00 - 4:55	10:30-11:25 4:00-4:55	9:00-9:55 11:30-12:25
Cobras (4 - 6 yrs) *Invitation Only*	*55 min*	*$130*		5:00-5:55	4:00-4:55	11:30-12:25	5:00-5:55	9:00-9:55
Boys Level 1 (Ages 6-9)	*55 min*	*$130*		5:00-5:55		5:00-5:55		10:00-10:55
Boys Level 2 (Ages 7+)	*85 min*	*$185*	6:30-7:55		5:00-6:25 6:30-7:55			10:00-11:25

HOMESCHOOL Program (Coed)

Classes designed to get your kids moving in a fun group environment. Increase endurance, strength, flexibility, balance, and spatial awareness. Foster social skills, communication, teamwork & cooperation.

Class Name	Hrs Per Week	Monthly Tuition	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Homeschool - Gymnastics (Beginner / Coed)	60 min	$130	2:00-3:00		1:00-2:00	1:00-2:00		
Homeschool - Gymnastics (Advanced / Coed)	60 min	$130			1:00-2:00			
Homeschool - Gymnastics (Boys Only)	60 min	$130				1:00-2:00	3:00-4:00	
Homeschool - Trampoline & Tumbling (Coed)	60 min	$130			1:00-2:00		1:00-2:00	
Homeschool - Ninja (Coed)	45 min	$105			2:15-3:00	2:15-3:00		
Homeschool - Fitness (Coed)	45 min	$105					2:15-3:00	

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Group Adaptive Gymnastics

Group adaptive classes are designed to serve children with developmental, sensory, and/or behavioral needs. These classes will focus on developing physical, cognitive, and social/emotional skills through gymnastics instruction in a fun and supportive group environment.

Class Name	Hrs Per Week	Monthly Tuition	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Adaptive GREEN (Ages 3-6)	*30 min*	*$105*		2:20-2:50		2:20-2:50		
Adaptive YELLOW (Ages 5-12)	*40 min*	*$115*		3:30-4:10	4:20-5:00			
Adpative ORANGE (Ages 13-18)	*40 min*	*$115*	3:30-4:10		4:20-5:00			
Adaptive BLUE (Ages 5-18)	*40 min*	*$115*	3:30-4:10		5:20-6:00			
Adpative - RED (Ages 5-18)	*45 min*	*$120*	4:30-5:15 5:15-6:00	4:30-5:15 5:15-6:00	5:15-6:00 6:00-6:45			

1:1 Adaptive Gymnastics

1:1 adaptive classes provide private lessons to children with developmental, sensory, and/or behavioral needs. With the ability to individualize the class and tailor it to each child's specific needs, your child and coach will work together to have fun, accomplish their goals & develop physical, cognitive, and social/emotional skills.

Class	Price Per Class	Ages	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1:1 30 minutes	*$55*	*Ages 3-18*	1:1 adaptive classes can be scheduled as weekly, every other week, or once a month. Class days & times are dependent upon coach availaibility & gym capacity.					
1:1 45 minutes	*$70*							
1:1 60 minutes	*$85*							

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