



CAMP OVERVIEW



BE PREPARED!
what to bring...

Our camp is filled with structured, high-energy activities to help your kids beat the heat this summer. Each day will incorporate gymnastics lessons, open gym, trampoline, pit, creation stations, snack, group games & activities! Campers will also enjoy pizza parties, ice cream socials, special guest appearances, and more! **WATER DAY is EVERY WEDNESDAY MORNING**, so come ready to soak up the sun and play on our water slides! Join us for a day, a week, or the entire summer - we promise it will be a blast!

- ✓ **WATER BOTTLE**
labeled with camper's name.
- ✓ **SOCKS**
- ✓ **FULL DAY CAMPERS**
bring a sack / self-cooled lunch
- ✓ **EVERY WEDNESDAY**
is **WATER DAY** in our back parking lot. Bring water friendly clothes and shoes, a change of dry clothes and a towel. Parents, **PLEASE** apply sunscreen.



SUMMER CAMP



(serving Cave Creek, Scottsdale, Glendale and the greater Phoenix area)

NORTH VALLEY GYMNASTICS invites your children to 9 action-packed weeks of summer camp fun for ages 4-12!



What to Wear

Tight fitted clothes for movement and gymnastics activities (NO jeans!)

No jewelry, please! Hair must be pulled back off the face & neck.

MAY 26 - JULY 31
2026

NORTH VALLEY GYMNASTICS

20815 N 28th Street - Phoenix, AZ 85050
602-404-3547 - www.northvalleygymnastics.com

THEMES



Week 1: Ready, Set, Game!

A fun, fast-paced, action-packed week of games, games, and more games! We'll play life-sized games, board games, card games, and group games.

Week 2: Beach Party

Soak up the sun & splash the day away! Plus an end of the week pizza party!

Week 3: Disney Days

Campers can dress as their favorite Disney characters, play Disney themed games, and bring the Disney magic all throughout NVG!

Week 4: Arctic Polar Freeze

This wintry week we'll build igloos, enjoy yummy snow cones, and venture into the frozen tundra with our NVG Polar Plunge.

Week 5: Sports Mania

Action-packed with nothing but sports! Campers will step up their gymnastics skills and play "field-day" sports like crab soccer, discus, obstacle courses, and more.

Week 6: Who's Your Hero?

Dedicated to our hometown heroes and the classic superheroes!

Week 7: Space & Science Spectacular

This week we'll learn all about outer space and get hands-on with fun science experiments, all while staying active and moving.

Week 8: Welcome to the Circus

Under the big top, campers will enjoy circus themed games and activities with an NVG gymnastics twist!

Week 9: NVG Spirit Week

We've got spirit, yes we do! Dress up for pajama day, wacky hair day, beach day, mix & match day, and NVG spirit day. Plus an end of summer pizza party!

CAMP DATES

WEEK 1
May 26-29

WEEK 2
June 1-5

WEEK 3
June 8-12

WEEK 4
June 15-19

WEEK 5
June 22-26

WEEK 6
July 6-10

WEEK 7
July 13-17

WEEK 8
July 20-24

WEEK 9
July 27-31

TUITION



Half Day Camp

Ages 4-12

9:00 am - 12:00 pm

1:00 pm - 4:00 pm

\$60 day / \$275 Week

Full Day Camp

Ages 5-12

9:00 am - 4:00 pm

\$90 day / \$400 Week

Drop In Rate

Half Day - \$65

Full Day - \$95

Limited drop-in spots available. Must arrive within 15 minutes of the session start.

GUIDELINES



• PRE-REGISTRATION IS REQUIRED

• Please **label** all of your children's items

• Bring **self-cooled lunch** if staying all day

(Please consider nut free products)

• Snack is provided. If your child has a special diet, you are welcome to bring a snack from home.

• **All campers must be completely potty trained and have the ability to use the restroom independently.**

• DISCIPLINE POLICY:

1st: Warning, 2nd: Sit Out, 3rd: Call Home

• **WATER DAY** is every Wednesday morning at 9:45 am-11:15 am (subject to change). Please apply sunscreen to campers **PRIOR** to drop off. NVG Staff is not responsible for applying sunscreen. (See "Be Prepared" section)



REGISTER ONLINE!

www.northvalleygymnastics.com

**BEAT THE HEAT...
STAY COOL INSIDE OUR AIR
CONDITIONED FACILITY**