



## North Valley Gymnastics

20815 N. 28th St.

Phoenix, AZ 85050

602-404-FLIP (3547)

[www.northvalleygymnastics.co](http://www.northvalleygymnastics.co)

## Class Schedule & Pricing

(Schedule and Pricing subject to change)

**10% Sibling Discount, 20% Multi Class Discount**

**ANNUAL Membership (\$40 per student)**

Annual Membership will be assessed at time of enrollment and is renewable each year.

### KINDERGYM (AM)

Class Name	Class Length	Monthly Tuition	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<i>Movers (18 m - 2 yrs) (Parent Participation)</i>	45 min	\$95		9:30-10:15		9:30-10:15	9:30-10:15	9:00-9:45 10:00-10:45
<i>Hoppers (2-3 yrs) (Invite Only / Parent Participation)</i>	45 Min	\$95						8:30-9:15
<i>Jumpers (3 yrs)</i>	50 min	\$104		10:30-11:20	11:00-11:50	10:30-11:20	10:30-11:20	9:30-10:20 10:30-11:20 11:00-11:50
<i>Tumblers (4 -5yrs)</i>	60 min	\$125			11:00-12:00	11:30-12:30	11:30-12:30	10:00-11:00 10:30-11:30
<i>Climbers (5-6 yrs)</i>	60 min	\$125						9:00-10:00 11:30-12:30

### KINDERGYM (PM)

Class Name	Class Length	Monthly Tuition	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<i>Jumpers (3 yrs)</i>	50 min	\$104	4:20-5:10	4:30-5:20	3:40-4:30	4:00-4:50	5:00-5:50	
<i>Tumblers (4 -5yrs)</i>	60 min	\$125	4:30-5:30 5:30-6:30	4:30-5:30 5:30-6:30	4:00-5:00 4:30-5:30	4:30-5:30 5:00-6:00	4:00-5:00	
<i>Climbers (5-6 yrs)</i>	60 min	\$125	4:20-5:20	3:30-4:30 5:30-6:30	5:00-6:00	4:00-5:00 5:30-6:30		
<i>Flyers (Invite Only) (Must enroll in 2 Classes)</i>	3 Hrs	\$279	5:20-6:45	4:00-5:25		5:00-6:25	4:30-5:55	



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### **GIRLS RECREATIONAL GYMNASTICS**

Class Name	Class Length	Monthly Tuition	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<i>Girls - Level 1</i>	60 min	\$125	4:00-5:00 5:00-6:00 6:30-7:30	3:30-4:30 4:00-5:00 4:30-5:30 5:00-6:00 5:30-6:30	1:30-2:30 4:00-5:00 4:30-5:30 5:00-6:00	3:30-4:30 4:00-5:00 4:30-5:30 5:00-6:00	4:00-5:00 4:30-5:30 5:00-6:00	9:00-10:00 9:30-10:30 10:00-11:00 11:00-12:00
<i>Girls - Level 2</i>	90 min	\$175	4:00-5:25 4:30-5:55	5:30-6:55	2:30-3:55 4:30-5:55 6:00-7:25	4:00-5:25 5:30-6:55	5:30-7:00	9:00-10:25 10:30-11:55
<i>Girls - Level 3</i>	90 min	\$175	6:30-8:00	6:00-7:30	5:00-6:30	6:30-8:00	6:00-7:30	11:00-12:30
<i>Girls - Level 4</i>	2 hrs	\$230	6:00-8:00			6:00-8:00		
<i>Girls (Ages 10+)</i>	90 min	\$175	6:30-8:00			4:30-6:00		10:30-12:00
<i>Acrobatics</i>	90 min	\$175					11:00-12:30	
<i>STARS - Red</i>	4 hrs	\$300	5:30-7:30			5:30-7:30		
<i>STARS - Blue</i>	4 hrs	\$300		5:30-7:30			5:30-7:30	
<i>STARS - Shining</i>	4 hrs	\$300			6:00-8:00			10:00-12:00

### **GIRLS GYMNASTICS - DEVELOPMENTAL**

Class Name	Hrs Per Week	Monthly Tuition	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<i>Petite Elite</i>	90min	\$175		4:00-5:30	4:00-5:30	10:30-12:00 4:00-5:30		9:00-10:30
<i>Mini Elite (Must enroll in 2 classes)</i>	4	\$300	4:30-6:30		4:00-6:00		4:00-6:00	10:00-12:00
<i>Junior Elite 1</i>	4	\$300				10:30-12:30	10:00-12:00	
<i>Junior Elite 2</i>	5	\$322			4:30-7:00		4:00-6:30	
<i>Junior Elite 3</i>	5	\$322		4:30-7:00		4:00-6:30		
<i>Pre Team 1</i>	5	\$322	4:30-7:00			4:30-7:00		
<i>Pre Team 2</i>	5	\$322		4:30-7:00				12:00-2:30



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### POWER TUMBLING Schedule

Class Name	Hrs Per Week	Monthly Tuition	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Tumbling-Beginning	1	\$125	5:30-6:30				5:30-6:30	
Tumbling-Intermediate	1	\$125	4:30-5:30		6:30-7:30		6:30-7:30	
Tumbling-Advanced	1.5	\$175		6:30-8:00		5:30-7:00		
Tumbling for Dance	1.5	\$175		4:30-6:00				

### T&T (Trampoline & Tumbling) RECREATIONAL

Class Name	Hrs Per Week	Monthly Tuition	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Tornados (Ages 4 - 6)	1	\$125	4:30-5:30 5:30-6:30	4:30-5:30 5:30-6:30	3:30-4:30	3:30-4:30 4:30-5:30		9:30-10:30
T&T Level 1 (Coed)	1	\$125	4:30-5:30	4:30-5:30	4:30-5:30	4:30-5:30 5:30-6:30	4:30-5:30	10:30-11:30
T&T Level 2 (Coed)	1	\$125	5:30-6:30 6:30-7:30	4:30-5:30 5:30-6:30	4:30-5:30 5:30-6:30	4:30-5:30		11:30-12:30
T&T Level 2/3 (Coed)	1	\$125					5:30-6:30	
T&T Level 3 (Coed)	1	\$125	6:30-7:30	6:30-7:30	4:30-5:30	5:30-6:30 6:30-7:30		
T&T Level 4 (Coed)	1.5	\$175		6:30-8:00	6:30-8:00			

### T&T (Tricking and Trampoline) RECREATIONAL

Class Name	Hrs Per Week	Monthly Tuition	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Tumbling & Tricking (Beg)	1	\$125	5:30-6:30		4:30-5:30	4:30-5:30		
Tumbling & Tricking (Adv)	1	\$125			6:30-7:30		6:30-7:30	
Gtramp Beginning	1	\$125	6:30-7:30	5:30-6:30			4:30-5:30	
Gtramp Intermediate	1	\$125			5:30-6:30		5:30-6:30	
Gtramp Advanced	1	\$125			5:30-6:30	6:30-7:30		
Little Ninja (4-5 yrs old)	1	\$125				4:30-5:30		
Ninja Beginning (6 and Up)	1	\$125			5:30-6:30	5:30-6:30		



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### BOYS RECREATIONAL GYMNASTICS

Class Name	Class Length	Monthly Tuition	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<i>Scooters (3 - 4 yrs)</i>	50 min	\$104		9:30-10:20			9:30-10:20	
<i>Racers (4 - 5 yrs)</i>	55 min	\$125	4:00-4:55	10:30-11:25 4:00-4:55		10:30-11:25 4:00 - 4:55	10:30-11:25 4:00-4:55	9:00-9:55 11:30-12:25
<i>Cobras (4 - 6 yrs) Invitation Only</i>	55 min	\$125		5:00-5:55	4:00-4:55	11:30-12:25	5:00-5:55	9:00-9:55
<i>Boys Level 1 (Ages 6-9)</i>	55 min	\$125		5:00-5:55		5:00-5:55		10:00-10:55
<i>Boys Level 2 (Ages 7+)</i>	85 min	\$175	6:30-7:55		5:00-6:25 6:30-7:55			10:00-11:25

### HOMESCHOOL Program (Coed)

Classes designed to get your kids moving in a fun group environment. Increase endurance, strength, flexibility, balance, and spatial awareness. Foster social skills, communication, teamwork & cooperation.

Class Name	Hrs Per Week	Monthly Tuition	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Homeschool - Gymnastics (Beginner / Coed)	60 min	\$125	2:00-3:00		1:00-2:00	1:00-2:00		
Homeschool - Gymnastics (Advanced / Coed)	60 min	\$125			1:00-2:00			
Homeschool - Gymnastics (Boys Only)	60 min	\$125				1:00-2:00	3:00-4:00	
Homeschool - Trampoline & Tumbling (Coed)	60 min	\$125			1:00-2:00		1:00-2:00	
Homeschool - Ninja (Coed)	45 min	\$100			2:15-3:00	2:15-3:00		
Homeschool - Fitness (Coed)	45 min	\$100					2:15-3:00	



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### Group Adaptive Gymnastics

Group adaptive classes are designed to serve children with developmental, sensory, and/or behavioral needs. These classes will focus on developing physical, cognitive, and social/emotional skills through gymnastics instruction in a fun and supportive group environment.

Class Name	Hrs Per Week	Monthly Tuition	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Adaptive GREEN (Ages 3-6)	30 min	\$105		2:20-2:50		2:20-2:50		
Adaptive YELLOW (Ages 5-12)	40 min	\$115		3:30-4:10	4:20-5:00			
Adaptive ORANGE (Ages 13-18)	40 min	\$115	3:30-4:10		4:20-5:00			
Adaptive BLUE (Ages 5-18)	40 min	\$115	3:30-4:10		5:20-6:00			
Adaptive - RED (Ages 5-18)	45 min	\$120	4:30-5:15 5:15-6:00	4:30-5:15	5:15-6:00			

### 1:1 Adaptive Gymnastics

1:1 adaptive classes provide private lessons to children with developmental, sensory, and/or behavioral needs. With the ability to individualize the class and tailor it to each child's specific needs, your child and coach will work together to have fun, accomplish their goals & develop physical, cognitive, and social/emotional skills.

Class	Price Per Class	Ages	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1:1 30 minutes	\$55	Ages 3-18						
1:1 45 minutes	\$70							
1:1 60 minutes	\$85		1:1 adaptive classes can be scheduled as weekly, every other week, or once a month. Class days & times are dependent upon coach availability & gym capacity.					