

CAMP OVERVIEW



Our camp is filled with structured, high-energy activities to help your kids beat the heat this summer. Each day will incorporate gymnastics lessons, open gym, trampoline, pit, creation stations, snack, group games & activities! Campers will also enjoy pizza parties, ice cream socials, special guest appearances, and more! **WATER DAY** is **EVERY WEDNESDAY MORNING**, so come ready to soak up the sun and play on our water slides! Join us for a day, a week, or the entire summer - we promise it will be a blast!

☒ **WATER BOTTLE**
labeled with camper's name.

☒ **SOCKS**

☒ **FULL DAY CAMPERS**
bring a sack/self-cooled lunch

☒ **EVERY WEDNESDAY**
is **WATER DAY** in our back parking lot. Bring water friendly clothes and shoes, a change of dry clothes, towel and sunscreen!*

**must be applied by parents*



NORTH VALLEY GYMNASTICS

serving Cave Creek, Scottsdale, Glendale and the greater Phoenix area, invites your children to 9 action-packed weeks of summer camp fun for ages 4-12!

What to Wear

Tight fitted clothes for movement and gymnastics activities (**NO jeans!**)

No jewelry, please! Hair must be pulled back off the face & neck.

MAY 27 - AUG 1
2025

NORTH VALLEY GYMNASTICS
20815 N 28th Street ★ Phoenix, AZ 85050
602-404-3547 ★ www.northvalleygymnastics.com

themes



WEEK 1

Games Week: Fun, fast-paced, action-packed week of games, games and more games! We'll play life-sized games, board games, card games, and group games.

WEEK 2

Beach Party: Enjoy water fun like never before with a huge blow-up water slide, water balloon toss, water relays, and an end of week pizza party!

WEEK 3

Disney+: Calling all the Disney fanatics! Campers can dress as their favorite characters, play Disney-themed games and more!

WEEK 4

Arctic Polar Freeze: For the "first time in forever" - Phoenix will be *Frozen* in July! This wintry week, build igloos, make yummy snow cones, and venture out into the Arctic with our NVG Polar Plunge.

WEEK 5

Sports Week: Fun-filled with nothing but sports! Campers will step up their gymnastic skills and play "field day" activities, such as crab soccer, football toss, obstacle courses and more!

WEEK 6

Who's Your Hero?: Dedicated to everyday heroes with super skills. We will make superhero capes and masks to enhance our super gymnastics skills!

WEEK 7

Experiment Week: Campers get to enjoy fun with goop, slime, soda "explosions" and other fun hands-on experiments all while staying active and moving.

WEEK 8

Circus Week: It's a circus over here! High-flying acrobatics, jumping like monkeys, circus-themed games and activities with a gymnastics twist.

WEEK 9

Spirit Week: We've got spirit how 'bout you?! Dress up for wacky hair day, pajama day, color day, mix-match day and beach day. Plus, an end-of-week pizza party!

CAMP DATES

WEEK 1 May 27 - May 30

WEEK 2 June 2 - June 6

WEEK 3 June 9 - June 13

WEEK 4 June 16 - June 20

WEEK 5 June 23 - June 27

WEEK 6 July 7 - July 11

WEEK 7 July 14 - July 18

WEEK 8 July 21 - July 25

WEEK 9 July 28 - Aug 1

TUITION

Half Day Camp

ages 4 - 12

9:00am-12:00pm ★ \$55 day /\$250 Week

1:00pm-4:00pm ★ \$55 day /\$250 Week

Full Day Camp

ages 5 - 12

9:00am-4:00pm ★ \$85 Day/ \$375 Week

DROP-IN RATE

Half Day \$60 ★ Full Day \$90

Limited drop-in spots available.
Must arrive within 15 minutes of the session start.

GUIDELINES



★ PRE-REGISTRATION IS REQUIRED

- ★ Please **label** all of your child's items
- ★ Bring a **self-cooled lunch** if staying all day. *(please consider nut-free products)*
- ★ Snack is provided. If your child has a special diet, you are welcome to bring a snack from home.

- ★ All campers must be completely potty trained and have the ability to use the restroom independently.

★ DISCIPLINE POLICY

1st: Warning, 2nd: Sit Out, 3rd: Sent Home

- ★ **WATER DAY** is every Wednesday morning at 9:45am-11:15am *(subject to change)*. Please apply sunscreen to campers **PRIOR** to drop off. NVG Staff is not responsible for applying sunscreen.

(see "Be Prepared" section)

REGISTER ONLINE!

www.northvalleygymnastics.com

**Beat the heat; stay cool inside our
AIR CONDITIONED facility!**

