



**North Valley Gymnastics**

20815 N. 28th St.

Phoenix, AZ 85050

602-404-FLIP (3547)

[www.northvalleygymnastics.co](http://www.northvalleygymnastics.co)

## **Class Schedule & Pricing**

*(Schedule and Pricing subject to change)*

**10% Sibling Discount, 20% Multi Class Discount**

**ANNUAL Membership (\$40 per student)**

Annual Membership will be assessed at time of enrollment and is renewable each year.

| <b>KINDERGYM (AM)</b>   |              |                 |        |             |             |                           |                           |  |
|---|--------------|-----------------|--------|-------------|-------------|---------------------------|---------------------------|--|
| Class Name  | Class Length | Monthly Tuition | Monday | Tuesday     | Wednesday   | Thursday                  | Friday                    | Saturday                                 |
| <b>Movers (18 m - 2 yrs)</b><br><i>(Parent Participation)</i>           | 45 min       | \$95            |        | 9:30-10:15  | 9:30-10:15  | 9:30-10:15                | 9:30-10:15                | 9:00-9:45<br>10:00-10:45                 |
| <b>Hoppers (2-3 yrs)</b><br><i>(Invite Only / Parent Participation)</i> | 45 Min       | \$95            |        |             |             |                           |                           | 8:30-9:15                                |
| <b>Jumpers (3 yrs)</b>  | 50 min       | \$104           |        | 11:30-10:20 | 10:30-11:20 | 10:30-11:20               | 10:30-11:20               | 9:30-10:20<br>10:00-10:50<br>11:00-11:50 |
| <b>Tumblers (4 yrs)</b>   | 60 min       | \$120           |        | 10:30-11:30 | 10:30-11:30 | 9:30-10:30<br>11:30-12:30 | 10:30-11:30               | 10:00-11:00<br>10:30-11:30               |
| <b>Climbers (5 yrs)</b>   | 60 min       | \$120           |        |             | 9:30-10:30  | 10:30-11:30               | 9:30-10:30<br>11:30-12:30 | 9:00-10:00<br>11:30-12:30                |
| <b>Flippers (6 yrs)</b>   | 60 min       | \$120           |        |             |             |                           |                           | 9:00-10:00                               |

| <b>KINDERGYM (PM)</b>                              |              |                 |                        |                        |                        |                        |           |          |
|--|--------------|-----------------|------------------------|------------------------|------------------------|------------------------|-----------|----------|
| Class Name   | Class Length | Monthly Tuition | Monday                 | Tuesday                | Wednesday              | Thursday               | Friday    | Saturday |
| <b>Jumpers (3 yrs)</b>                             | 50 min       | \$104           | 4:00-4:50<br>4:20-5:10 | 5:30-6:20              | 3:00-3:50              | 4:00-4:50<br>5:00-5:50 | 5:00-5:50 |          |
| <b>Tumblers (4 yrs)</b>                            | 60 min       | \$120           | 4:30-5:30<br>5:00-6:00 | 4:30-5:30<br>5:30-6:30 | 4:00-5:00<br>4:30-5:30 | 4:30-5:30<br>5:00-6:00 | 4:00-5:00 |          |
| <b>Climbers (5 yrs)</b>                            | 60 min       | \$120           | 4:20-5:20<br>5:20-6:20 | 3:30-4:30<br>4:30-5:30 | 4:00-5:00<br>5:00-6:00 | 4:00-5:00<br>5:30-6:30 | 4:00-5:00 |          |
| <b>Flippers (6 yrs)</b>                            | 60 min       | \$120           | 5:30-6:30              |                        | 5:30-6:30              | 4:00-5:00              |           |          |
| <b>Flyers</b><br><i>(Must enroll in 2 Classes)</i> | 3 Hrs        | \$279           | 5:20-6:45              | 4:00-5:25              |                        | 5:00-6:25              | 4:30-5:55 |          |



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### GIRLS RECREATIONAL GYMNASTICS

| Class Name              | Class Length | Monthly Tuition | Monday  | Tuesday   | Wednesday  | Thursday   | Friday   | Saturday   |
|-------------------------|--------------|-----------------|---|---|--|--|--|--|
| <b>Girls - Level 1</b>  | 60 min       | \$120           | 3:00-4:00<br>4:00-5:00<br>5:00-6:00<br>6:00-7:00<br>6:30-7:30 | 3:30-4:30<br>4:00-5:00<br>4:30-5:30<br>5:00-6:00<br>5:30-6:30 | 1:30-2:30<br>4:00-5:00<br>4:30-5:30<br>5:00-6:00<br>5:30-6:30<br>7:00-8:00 | 3:30-4:30<br>4:00-5:00<br>4:30-5:30<br>5:00-6:00 | 4:00-5:00<br>4:30-5:30<br>5:00-6:00<br>5:30-6:30 | 9:00-10:00<br>9:30-10:30<br>10:00-11:00<br>11:00-12:00 |
| <b>Girls - Level 2</b>  | 85 min       | \$175           | 4:00-5:25<br>4:30-5:55  | 5:30-6:55<br>6:30-7:55  | 2:30-3:55<br>4:30-5:55<br>6:00-7:25  | 4:00-5:25<br>5:30-6:55                           | 6:30-7:55  | 9:00-10:25<br>10:30-11:55                              |
| <b>Girls - Level 3</b>  | 90 min       | \$175           | 6:30-8:00   | 6:00-7:30   | 5:00-6:30  |  | 6:00-7:30  | 11:00-12:30  |
| <b>Girls - Level 4</b>  | 2 hrs        | \$230           |   |   |  | 6:00-8:00  |  |  |
| <b>Girls (Ages 10+)</b> | 90 min       | \$175           | 6:30-8:00   | 6:30-8:00   |  | 4:30-6:00  |  | 10:30-12:00  |
| <b>Acrobatics</b>       | 90 min       | \$175           |   |   |  |  | 11:00-12:30                                      |  |
| <b>STARS - Red</b>      | 4 hrs        | \$300           | 5:30-7:30   |   |  | 5:30-7:30  |  |  |
| <b>STARS - Blue</b>     | 4 hrs        | \$300           |   | 5:30-7:30   |  |  | 5:30-7:30  |  |
| <b>STARS - Shining</b>  | 4 hrs        | \$300           |   |   | 6:00-8:00  |  |  | 10:00-12:00  |

### GIRLS GYMNASTICS - DEVELOPMENTAL

| Class Name   | Hrs Per Week | Monthly Tuition | Monday    | Tuesday   | Wednesday              | Thursday                 | Friday      | Saturday    |
|--|--------------|-----------------|-----------|-----------|------------------------|--------------------------|-------------|-------------|
| <b>Petite Elite</b>                                | 75 min       | \$145           | 5:30-6:45 | 4:00-5:15 | 4:30-5:45              | 10:30-11:45<br>4:10-5:25 | 10:30-11:45 | 9:10-10:25  |
| <b>Mini Elite<br/>(Must enroll in 2 classes)</b>   | 3            | \$279           | 4:00-5:30 |           | 4:00-5:30<br>5:30-7:00 |                          | 4:00-5:30   | 10:30-12:00 |
| <b>Junior Elite<br/>(Must enroll in 2 classes)</b> | 5            | \$322           | 4:00-6:30 | 4:30-7:00 | 4:00-6:30              | 4:00-6:30                | 4:00-6:30   |             |



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| <b>BOYS RECREATIONAL GYMNASTICS</b>           |                     |                        |               |                          |                        |                            |                          |                          |
|---|---------------------|------------------------|---------------|--------------------------|------------------------|----------------------------|--------------------------|--------------------------|
| <b>Class Name</b>                             | <b>Class Length</b> | <b>Monthly Tuition</b> | <b>Monday</b> | <b>Tuesday</b>           | <b>Wednesday</b>       | <b>Thursday</b>            | <b>Friday</b>            | <b>Saturday</b>          |
| <b>Scooters (3 - 4 yrs)</b>                   | 50 min              | \$104                  |               | 9:30-10:20               |                        |                            | 9:30-10:20               |                          |
| <b>Racers (4 - 5 yrs)</b>                     | 55 min              | \$120                  | 4:00-4:55     | 10:30-11:25<br>4:00-4:55 |                        | 10:30-11:25<br>4:00 - 4:55 | 10:30-11:25<br>4:00-4:55 | 9:00-9:55<br>11:30-12:25 |
| <b>Cobras (4 - 6 yrs)<br/>Invitation Only</b> | 55 min              | \$120                  |               | 5:00-5:55                | 4:00-4:55              | 11:30-12:25                | 5:00-5:55                | 9:00-9:55<br>11:30-12:25 |
| <b>Boys Level 1 (Ages 6-9)</b>                | 55 min              | \$120                  |               | 5:00-5:55                |                        | 5:00-5:55                  |                          | 10:00-10:55              |
| <b>Boys Level 2 (Ages 7+)</b>                 | 85 min              | \$175                  | 6:30-7:55     |                          | 5:00-6:25<br>6:30-7:55 |                            |                          | 10:00-11:25              |



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### POWER TUMBLING and CHEER Schedule

| Class Name           | Hrs Per Week | Monthly Tuition | Monday    | Tuesday   | Wednesday | Thursday  | Friday | Saturday |
|----------------------|--------------|-----------------|-----------|-----------|-----------|-----------|--------|----------|
| Tumbling Level 3     | 1            | \$120           |           |           | 6:30-7:30 |           |        |          |
| Tumbling Level 4     | 1.5          | \$175           |           |           |           | 5:30-7:00 |        |          |
| BackHandspring Only  | 1            | \$120           | 4:30-5:30 |           |           | 4:30-5:30 |        |          |
| Cheer Tumbling       | 1            | \$120           |           |           |           |           |        |          |
| Cheer Tumbling - Int | 1.5          | \$175           |           |           | 6:30-8:00 |           |        |          |
| Tumbling for Dance   | 1.5          | \$175           | 4:00-5:30 | 4:30-6:00 |           |           |        |          |

### T&T (Trampoline & Tumbling) RECREATIONAL

| Class Name            | Hrs Per Week | Monthly Tuition | Monday                 | Tuesday                             | Wednesday              | Thursday               | Friday    | Saturday                   |
|-----------------------|--------------|-----------------|------------------------|-------------------------------------|------------------------|------------------------|-----------|----------------------------|
| Tornados (Ages 4 - 6) | 1            | \$120           | 4:30-5:30              | 3:30-4:30<br>4:30-5:30<br>5:30-6:30 |                        | 3:30-4:30              |           | 9:30-10:30                 |
| T&T Level 1 (Coed)    | 1            | \$120           | 4:30-5:30              | 4:30-5:30                           | 4:30-5:30              | 5:30-6:30              | 4:30-5:30 | 10:30-11:30<br>11:30-12:30 |
| T&T Level 2 (Coed)    | 1            | \$120           | 5:30-6:30<br>6:30-7:30 | 4:30-5:30<br>5:30-6:30              | 4:30-5:30<br>5:30-6:30 | 4:30-5:30              |           |                            |
| T&T Level 3 (Coed)    | 1            | \$120           | 6:30-7:30              | 6:30-7:30                           | 4:30-5:30              | 5:30-6:30<br>6:30-7:30 |           |                            |
| T&T Level 4 (Coed)    | 1.5          | \$175           |                        | 6:30-8:00                           | 6:30-8:00              |                        |           |                            |

### T&T (Tricking and Trampoline) RECREATIONAL

| Class Name                 | Hrs Per Week | Monthly Tuition | Monday    | Tuesday   | Wednesday | Thursday  | Friday    | Saturday |
|----------------------------|--------------|-----------------|-----------|-----------|-----------|-----------|-----------|----------|
| Tumbling & Tricking (Beg)  | 1            | \$120           | 5:30-6:30 |           | 4:30-5:30 | 4:30-5:30 | 6:30-7:30 |          |
| Tumbling & Tricking (Adv)  | 1            | \$120           |           |           | 6:30-7:30 |           | 6:30-7:30 |          |
| Gtramp Beginning           | 1            | \$120           | 6:30-7:30 | 5:30-6:30 |           |           | 4:30-5:30 |          |
| Gtramp Intermediate        | 1            | \$120           |           |           | 5:30-6:30 |           | 5:30-6:30 |          |
| Gtramp Advanced            | 1            | \$120           |           |           | 5:30-6:30 | 6:30-7:30 |           |          |
| Little Ninja (4-5 yrs old) | 1            | \$120           |           |           | 3:30-4:30 | 4:30-5:30 |           |          |
| Ninja Beginning (6 and Up) | 1            | \$120           |           |           | 5:30-6:30 | 5:30-6:30 | 5:30-6:30 |          |



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### Gym 4 All - Group Adaptive Gymnastics

*Group adaptive classes are designed to serve children with developmental, sensory, and/or behavioral needs. These classes will focus on developing physical, intellectual, and social/emotional skills through gymnastics instruction.*

| Class Name  | Hrs Per Week | Monthly Tuition | Monday    | Tuesday   | Wednesday   | Thursday  | Friday | Saturday |
|---|--------------|-----------------|-----------|-----------|-------------|-----------|--------|----------|
| <b>Gym 4 All - GREEN</b><br>(Ages 3-4)<br><i>Caregiver/Parent required</i>    | 30 min       | \$100           |           | 2:20-2:50 | 10:20-10:50 | 2:20-2:50 |        |          |
| <b>Gym 4 All - YELLOW</b><br>(Ages 5-12)<br><i>Caregiver/Parent optional</i>  | 40 min       | \$110           |           | 3:30-4:10 | 4:20-5:00   | 3:30-4:10 |        |          |
| <b>Gym 4 All - ORANGE</b><br>(Ages 13-18)<br><i>Caregiver/Parent optional</i> | 40 min       | \$110           | 3:30-4:10 |           | 3:30-4:10   |           |        |          |
| <b>Gym 4 All - RED</b><br>(ADVANCED - Invite Only)                            | 45 min       | \$115           | 4:30-5:15 | 4:30-5:15 | 5:15-6:00   |           |        |          |

### Homeschool - Gymnastics/Fitness

*Homeschool Gymnastics and Fitness combines both general fitness and gymnastics instruction. This class is designed to get homeschool students moving in a fun group environment while increasing endurance, strength, flexibility, balance, and spatial awareness.*

| Class Name  | Hrs Per Week | Monthly Tuition | Monday    | Tuesday | Wednesday | Thursday  | Friday | Saturday |
|---|--------------|-----------------|-----------|---------|-----------|-----------|--------|----------|
| <b>Homeschool - Gymnastics/Fitness</b><br>(Ages 6 - 16) | 60 min       | \$120           | 1:00-2:00 |         | 1:00-2:00 | 1:00-2:00 |        |          |