CAMP OVERVIEW





Our camp is filled with structured, high energy activities for your active kids. We incorporate gymnastics, fitness creations, water days, dance and fitness classes every week. Our campers enjoy snacks, pizza parties, ice cream socials, special guests, and more! **WEDNESDAY** is

WATER DAY, so be ready to get soaked

& play on our water slides! We also

feature FUN FRIDAYS! Join us for a day,

a week or the entire summer, we promise it will be an unforgettable adventure!

WATER BOTTLE

labeled with camper's name.

SOCKS

■ FULL DAY CAMPERS

bring a sack/self-cooled lunch

EVERY WEDNESDAY

is **WATER DAY** in our back parking lot. Bring water friendly clothes and shoes, a change of dry clothes, towel and sunscreen!*

*must be applied by parents

SUNMER Synches



NORTH VALLEY GYMNASTICS

serving Cave Creek, Scottsdale, Glendale and the greater Phoenix area, invites your children to 9 action-packed weeks of summer camp fun for ages 4-12!

What lear

Tight fitted clothes for movement and gymnastics activities (NO jeans!)

No jewelry, please! Hair must be pulled back off the face & neck.

MAY 28 - AUG 2 2024

NORTH VALLEY GYMNASTICS
20815 N 28th Street * Phoenix, AZ 85050
602-404-3547 * www.northvalleygymnastics.com

themes,

WEEK 1

Games Week: Fun, fast-paced, action-packed week of games, games and more games! We'll play life-sized games, board games, card games, and group games.

WEEK 2

Beach Party: Enjoy water fun like never before with a huge blow-up water slide, water balloon toss, water relays, and an end of week pizza party!

WEEK 3

Disney+: Calling all the Disney fanatics! Campers can dress as their favorite characters, play Disney-themed games and more!

WEEK 4

Arctic Polar Freeze: For the "first time in forever" - Phoenix will be *Frozen* in July! This wintry week, build igloos, make yummy snow cones, and venture out into the Arctic with our NVG Polar Plunge.

WEEK 5

Sports Week: Fun-filled with nothing but sports! Campers will step up their gymnastic skills and play "field day" activities, such as crab soccer, football toss, obstacle courses and more!

WEEK 6

Who's Your Hero?: Dedicated to everyday heroes with super skills. We will make superhero capes and masks to enhance our super gymnastics skills!

WEEK 7

Experiment Week: Campers get to enjoy fun with goop, slime, soda "explosions" and other fun hands-on experiments all while staying active and moving.

WEEK 8

Circus Week: It's a circus over here! High-flying acrobatics, jumping like monkeys, circus-themed games and activities with a gymnastics twist.

WEEK 9

Spirit Week: We've got spirit how 'bout you?! Dress up for wacky hair day, pajama day, color day, mix-match day and nerd day. Plus, an end-of-week pizza party!

CAMP DATES

WEEK 1 May 28 - May 31

WEEK 2 June 3 - June 7

WEEK 3 June 10 - June 14

WEEK 4 June 17 - June 21

WEEK 5 June 24 - June 28

WEEK 6 July 8 - July 12

WEEK 7 July 15 - July 19

WEEK 8 July 22 - July 26

WEEK 9 July 29 - Aug 2

TUITION

Half Day Camp

(ages 4 - 12)

9:00am-12:00pm ★ \$55 day /\$250 Week 1:00pm-4:00pm ★ \$55 day /\$250 Week

Full Day Gamp

(ages 5 - 12)

9:00am-4:00pm ★ \$85 Day/ \$375 Week



CUIDELINES

- * PRE-REGISTRATION IS REQUIRED
 - ★ Please label all of your child's items
- ★ Bring a self-cooled lunch if staying all day. (please consider nut-free products)
- ★ Snack is provided. If your child has a special diet, you are welcome to bring a snack from home.
- ★ All campers must be completely potty trained and have the ability to use the restroom independently.

* DISCIPLINE POLICY

1st: Warning, 2nd: Sit Out, 3rd: Sent Home

★ WATER DAY is every Wednesday morning (9:45am-11:15am - subject to change). Please apply sunscreen to campers PRIOR to drop off. NVG Staff is not responsible for applying sunscreen.

(see "Be Prepared" section)

REGISTER ONLINE!

www.northvalleygymnastics.com

Beat the heat; stay cool inside our AIR CONDITIONED facility!