

# You're Invited

**What's cooler than gymnastics? NOTHING!**  
**National Gymnastics Day is Saturday September 15<sup>th</sup>!**  
**STICK IT on your calendar and help us celebrate at NVG!**

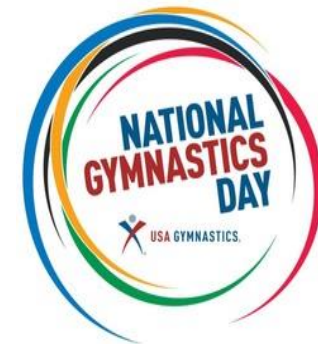
**When: Saturday September 15<sup>th</sup>**

**Where: NVG**

**What's happening?**

**Join us on September 15th for 2 FREE open gyms\***

- **2:30pm-3:30pm ~ ages 6 and under w/ parent participation**
- **4:00-5:00pm ~ ages 6-14 no parent participation in gym**
  - ✓ **bounce house castle**
  - ✓ **giveaways**
  - ✓ **photo booth**
  - ✓ **Desert Snow Shaved Ice**



**\*Restrictions apply**

- **Must be pre-registered w/reception. Don't get turned away at the door!**
- **All participants must have a signed waiver by legal parent/guardian. Adults too!**
- **1 parent MAX per student (applies only for first session.)**
- **Parent must be present for 2<sup>nd</sup> open gym**
- **Members and non-members welcomed!**
- **space is limited**

**CALL TODAY 602-404-FLIP (3547)**

**Reserve Your Spot!**

## Open Gym Rules for National Gymnastics Day

- Parents may not be on any equipment
- 1 person on the trampoline at a time
- No running
- Be aware of off limit areas and equipment that has a “do not use” Sign
- Feet or bottom first into the foam pit
- Tumble track is a “one way street”. Please follow arrows
- Hands on the bar at all times
- Smile
- Have Fun

Thanks for joining us!